

Symptomatology: 18 / 42

**Disillusionment:** 17 / 28

**Inconvenience:** 13 / 28

## Personality Traits: Perception, Insecurity, Moderation

John Smith, the stage of drowsiness is definitely peculiar: there is a need to rest on one hand and the necessity to stay alert on the other hand. The result of this **eternal conflict between sleep and wakefulness** is that one rests badly and at the same time is never fully lucid. Sometimes you confuse dreaming with reality, sometimes you daydream, and reality seems, at times, like a nightmare and you want to go back to sleep. Your answers hint at a principle of doubtfulness, a mental itch, so to speak, sometimes even a desire to delve into certain phenomena in the hope of **discovering something unseen**. However, you have to come to terms with your rational mind, the one that would like to avoid all forms of insecurity and live peacefully by relying on the unquestionable certainties of scientific and technological progress. **Certainties, or mere theories?** Here, this is definitely one of the questions that sporadically, and moderately, seek your attention, whether you are aware of it or not. The truth is that there are very few absolute certainties, in fact we tend mostly to self-convince ourselves that our ideas and beliefs are right because they are shared and widespread.

Doubts, on the other hand, are unsettling; when they begin to creep in, we risk losing control over them, and certainty eventually gives way to insecurity. Bad feeling isn't it? Yet in

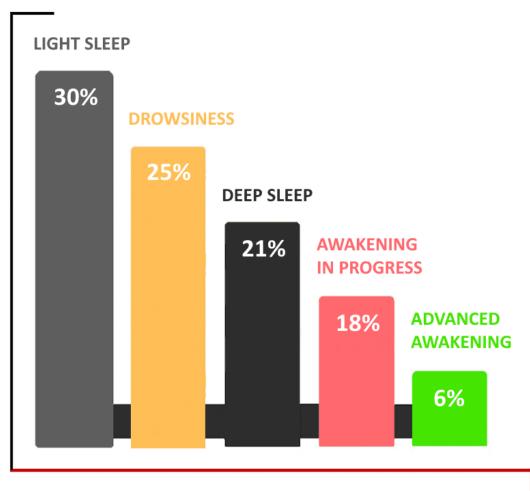
Doubts, on the other hand, are unsettling; when they begin to creep in, we risk losing control over them, and certainty eventually gives way to **insecurity**. Bad feeling, isn't it? Yet, in those strange moments between sleep and wakefulness you feel there is more, something else, some mysterious thing that no one can convincingly explain to you. No, life is not just work, money, running here and there, doing and having...

Regardless, doubt and the desire for knowledge are the basis of what we all call progress, so perhaps it is not such a bad thing. Like it or not, scientific discoveries often arise from a distrustful attitude, typical of those who **do not trust simple, comforting explanations**. Imagine a world in which no one ever has any doubt: nothing would ever change, and life would soon become meaningless and boring...

Make way for doubt, then!

If you enjoyed this test, we suggest you to also try The Awareness Test

## PERCENTAGE OF POPULATION



## **AWAKENING PHASE**

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Thank you and best regards, The Staff of <u>The Spiritual Seek</u>